



MOON RITUALS

New Moon Worksheet

1. What are the gifts and talents I have that I'm hiding from the world?

Don't be timid - where do you burn bright? What is your passion? What is your secret sauce?

2. Where are the spots in my life where I could summon more courage to be bold?

Embody your inner golden lioness. She is golden and glorious - powerful and passionate.

3. How can I set to *purpose* - my intention to share my gifts with the world?

What are some actual steps you can take toward coming out of your shadow? Shine bright, darling!

4. I light a candle, meditate and write a mantra of brilliance that I'll hold as my guiding light:

Feel free to post this answer in [Grief Resilience](#) or [The Witch's Den](#)! Remember to use **#NewMoon**

Thank you for sharing your moon phase journey with us!